## ALASKA WORKERS' COMPENSATION APPEALS COMMISSION

Appellant,	(party filing appeal)	
VS.		
		AWCAC Appeal No.
Appellee(s	(all other parties to appeal)	AWCB Decision No.
		AWCB Case No.
		SELF-REPRESENTED APPEAL PARTICIPANT
I,	, a	m the: Appellant Appellee. I ask the
commission to give	e me more time to do this to additional days from	ask: n the day it is due, which is, until
this day		Title day it is due, which is, and
☐ On	_, I spoke with	, who is / represents
the opposing party	and who told me there is	no objection by the opposing party to this request.
OR		
☐ On	_, I telephoned / wrote to _	, who is /
represents the opp	oosing party but I was unal	le to determine if the opposing party opposed my
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		om the commission before this request. I request
UIIS EXCENSION DECC	iuse	
I am not acking for		
	quest an extension. I certi	is appeal. I am diligently working to complete the y that the statements in this motion are true.
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	quest an extension. I certi	y that the statements in this motion are true.
	quest an extension. I certing Signature Mai	Date  Date
	quest an extension. I certing Signature Mai	y that the statements in this motion are true.  Date
task for which I red	Signature  City Telephone Number	Date  Date
task for which I red	Signature  Signature  City  Telephone Number  ment MUST sign above.	Date  Date  State, Zip
Person filing this document of the second se	Telephone Number  Telephone Number  Mai  City  Telephone Number  Ment MUST sign above.  CERTIFICA  (date) this motion was an Appeals Commission; and I cell mailed or  hand delivered	Date  Date  State, Zip  Fax Number and/or Email
Person filing this document of the commission was [	Telephone Number  Telephone Number  Mai  City  Telephone Number  Ment MUST sign above.  CERTIFICA  (date) this motion was an Appeals Commission; and I cell mailed or  hand delivered	Date
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Print name of person who mailed / delivered motion (signature of person who mailed / delivered motion)

AWCAC Form 05, Motion for Extension of Time (for use by self-represented appeal participant)